Alpharetta High School Band
2007-2008 PRACTICE LOG

NAME _____ INSTRUMENT _____

TOTAL PRACTICE MINUTES_____ PARENT SIGNATURE_____

PRACTICE FOR WEEK OF Monday _____

Minimum: 120 minutes (6 days @ 20 minutes or 5 days @ 30 minutes)

DAILY: All 12 scales within your instrument's practical range, extended when possible.

Chromatic Scale Practical Range:

Flute: 3 octaves C to C
Oboe: 2 octaves D to D
Clarinet: 3 octaves E to E
Bass Clarinet: 3 octaves E o E
Bassoon: 3 octaves Bb to Bb
Alto Saxophone: 2 octaves F to F
Tenor Saxophone: 2 octaves F to F
Bari Saxophone: 2 octaves F to F

Trumpet: 2 octaves C to C
French Horn: 2 octaves F to F
Trombone: 2 octaves Bb to Bb
Euphonium: 2 octaves Bb to Bb
Tuba: 2 octaves Bb to Bb
Keyboard: all scales 3 octaves when poss.
chromatic 2 octaves Bb to Bb
Snare Drum: Etudes, technique, rudiments
Timpani: Tuning, technique, etudes

Practice all scales using GMEA All State rhythm pattern as found on website (www.gmea.org)

Total Time for MONDAY _____

what was practiced	amount of time	metronome tempo
_____	_____	_____
_____	_____	_____

Total Time for TUESDAY _____

what was practiced	amount of time	metronome tempo
_____	_____	_____
_____	_____	_____

Total Time for WEDNESDAY _____

what was practiced	amount of time	metronome tempo
_____	_____	_____
_____	_____	_____

Total Time for THURSDAY _____

what was practiced	amount of time	metronome tempo
_____	_____	_____
_____	_____	_____

Total Time for FRIDAY _____

what was practiced	amount of time	metronome tempo
_____	_____	_____
_____	_____	_____

Total Time for SATURDAY _____

what was practiced	amount of time	metronome tempo
_____	_____	_____
_____	_____	_____